



NANAIMO
ALANO CLUB

#206 – 321 Wallace Street
contact@nanaimoalanoclub.com

MONDAY

7:00am AA: Pass It On
 Open Meeting
 Hybrid with [Zoom](#)
 Meeting ID: 365 940 2175 | Password: 02092000

12:00pm AA: Let It Begin With Me
 Open Meeting

7:00pm Dharma Recovery Group

TUESDAY

7:00am AA: Pass It On
 Open Meeting
 Hybrid with [Zoom](#)
 Meeting ID: 365 940 2175 | Password: 02092000

12:00pm AA: Let It Begin With Me
 Open Meeting; Topic Discussion

7:00pm AA: Live & Let Live LGBTQ+
 Open Meeting

WEDNESDAY

7:00am AA: Pass It On
 Open Meeting
 Hybrid with [Zoom](#)
 Meeting ID: 365 940 2175 | Password: 02092000

WEDNESDAY - cont'd

12:00pm AA: Let It Begin With Me
 Open Meeting

6:30pm Adult Children of Alcoholics and Dysfunctional Families (ACoA): It's An Inside Job
 Open Meeting

THURSDAY

7:00am AA: Pass It On
 Open Meeting
 Hybrid with [Zoom](#)
 Meeting ID: 365 940 2175 | Password: 02092000

12:00pm AA: Let It Begin With Me
 Open Meeting

7:00pm AA: We Do Recover
 Open Meeting
 Speaker/Topic Discussion

FRIDAY

7:00am AA: Pass It On
 Open Meeting
 Hybrid with [Zoom](#)
 Meeting ID: 365 940 2175 | Password: 02092000

12:00pm AA: Let It Begin With Me
 Open Meeting

SATURDAY

7:00am AA: Pass It On
 Open Meeting
 Hybrid with [Zoom](#)
 Meeting ID: 365 940 2175 | Password: 02092000

12:00pm AA: Let It Begin With Me
 Open Meeting

6:00pm Any A: Teen Recovery Gathering
 Open Meeting
 Hybrid with [Zoom](#)
 Meeting ID: 823 9290 5274 | Password: 073225

7:00pm Any A: Teen Recovery Meeting
 Open Meeting

SUNDAY

8:00am NA: Sunday Morning Men's Group
 Open Meeting

10:00am AA: Sunday Serenity
 Open Meeting

6:30pm AA: Sunday Night Women's Literature Meeting
 Open Meeting
 Hybrid with [Zoom](#)
 Meeting ID: 870 0827 1273 | Password: 219781

8:00pm AA: Living Sober
 Open Meeting

The Nanaimo Alano Club is a safe gathering place that serves its community by providing support, information, resources and social opportunities in a drug and alcohol-free setting. We serve people affected by addiction, or other harmful behaviours who seek physical, mental and spiritual renewal and wellness.